

## Forbidden love

On reflection of my life, the realisation that the love I shared was one for lessons and not for peace. At the time, I felt the world needed saving and so went on my merry mission to help those who hadn't felt love or was hurt by another. This self destruct button often caused me to be left hurt and sad after I had helped and the person who felt so good about life often turned and attacked me. This was my sign that my work was done. I often knew how long I would be with a person, and it didn't matter how many times tried to change this; life would just flow in a new direction. By healing others in love, I was hoping to be healed myself, and soon this became apparent. We often go with our thoughts and what we perceive, which is right but all this is an illusion. I may have learnt so much and able to help so many, but the inner calling for peace didn't emerge until later in my life. It was then that I realised that I had given up those who were soul mates, who gave me peace and made me smile whenever around them for no particular reason. The realisation that going with my heart would be the key to happiness. But wait something more showed, by being love. I could still experience love, even if not in a relationship purpose. For by love my heart was open to share in the experience with others. You may ask if I have any regrets for maybe not choosing the ones that brought me peace. I do wonder, but I wouldn't be the person today or the one who is finding peace. I know now my heart will find me peace in another and may be all those years ago; I wasn't at peace to be able to share this. My vibration or programme was attached to my childhood where I gave a loved object out and never got back, always vibrating this lesson to learn. So be love, share love and see the opportunity to receive love. By going with your heart you too can have love in your life.

For all those who showed me love, and I wasn't able to share it; I thank you for now realising what true love is...

